



NEWS FROM THE RANCH: AUGUST 2019

PRINCIPAL NOTE: HELLO AND WELCOME TO THE 2019-2020 SCHOOL YEAR.

WE ARE BEGINNING OUR 3RD YEAR HERE AT THE RANCH AND WE CONTINUE TO GROW. MY GOAL IS TO SEND MONTHLY CORRESPONDENCE TO OUR COMMUNITY, BUT PLEASE CONTINUE TO CHECK YOUR EMAIL FOR OTHER

INFORMATION AND UPDATES. WHEN WE OPENED WE HAD AROUND 460 STUDENTS. CURRENTLY, WE ARE HOVERING RIGHT AROUND 900 STUDENTS. WITH GREAT GROWTH COMES GREAT OPPORTUNITIES TO LEARN. WE CONTINUE TO HONE OUR PRACTICES AND LEARN ABOUT OUR STUDENT COMMUNITY. THANK YOU FOR YOUR PATIENCE AS WE GO THROUGH THIS UNPRECEDENTED GROWTH IN THE AREA. GROUND HAS ALREADY BEEN BROKEN ON THE NEW SCHOOL RIEGO CREEK. THIS NEW SCHOOL IS EXPECTED TO OPEN NEXT SCHOOL YEAR.

WITH OUR GROWTH, WE'VE NOT ONLY ADDED STUDENTS, BUT ALSO NEW TEACHERS TO OR.

- ❑ **MARY GUFFY:** KINDERGARTEN
- ❑ **JENNIE HOLM:** 1ST GRADE
- ❑ **STEPHANIE SAGE:** 1ST GRADE
- ❑ **JENNIFER FERNANDEZ:** 1ST GRADE
LONG TERM SUB FOR KELLI BRUSASCHETTI
- ❑ **BRITTANY SCOTT:** 2ND GRADE
- ❑ **SHEILA OSTERHOLT:** 3RD GRADE
- ❑ **LYNDSAY SUTTER:** 4TH GRADE
- ❑ **ERIC HALSETH:** 4TH GRADE
- ❑ **CHRISTINA ISAAC:** 5TH GRADE
- ❑ **JULIE HIRZEL:** 5TH GRADE
- ❑ **DESMOND HANSEN:** PE
- ❑ **CHRIS SESSANO:** PE
- ❑ **CHERYL GLADWILL:** PE
- ❑ **STEPHANIE TOMICICH:** MUSIC
- ❑ **NANCY LUC:** NURSE
- ❑ **LYNDSIE BOGOVICH:** SCHOOL PSYCHOLOGIST
- ❑ **PATTI SCOGGAN:** SCHOOL PSYCHOLOGIST INTERN



WE ARE ALSO THE FIRST ELEMENTARY SCHOOL IN THE DISTRICT TO HAVE A FULL TIME ASSISTANT PRINCIPAL. WE WERE FORTUNATE ENOUGH TO BE ABLE TO OFFER THIS POSITION TO MEGAN SPEARS, PREVIOUSLY A 4TH GRADE TEACHER AT OR.

THANK YOU, AGAIN, FOR BEING SO WILLING TO GROW WITH US. WE PRIDE OURSELVES ON BEING YOUR NEIGHBORHOOD SCHOOL. PLEASE DON'T HESITATE TO REACH OUT TO US WITH ANY QUESTIONS YOU MAY HAVE. HOPE YOU HAVE A WONDERFUL SCHOOL YEAR.

PICK UP/DROP OFF/TRAFFIC:

WITH 900 STUDENTS, THERE'S GOING TO BE TRAFFIC IN AND AROUND THE SCHOOL. PLEASE MAKE SURE TO:

- FOLLOW THE BASIC RULES OF THE ROAD.
- AVOID ROAD RAGE
- DON'T PARK IN DRIVEWAYS THAT AREN'T YOURS
- STAY OFF DEVICES IN THE PARKING LOT
- DON'T DOUBLE PARK
- EXPLORE ALL THE OPTIONS FOR PICKING UP AROUND THE SCHOOL TO AVOID THE PARKING LOT



PARK: WE ARE SO FORTUNATE TO HAVE OUR NEW PARK OPEN THIS YEAR. THE FAMILIES LOVE IT AND SO DO WE. PLEASE REMEMBER, THIS IS NOT A SUPERVISED PART OF THE SCHOOL. THE PARK IS CITY PROPERTY. STUDENTS WHO PLAY IN THE PARK IN THE MORNING ARE STILL EXPECTED TO BE ON CAMPUS BEFORE THE GATES CLOSE AT 8:55. ANY STUDENT PLAYING ON THE PARK AND NOT ON CAMPUS AT 8:55 WILL BE MARKED TARDY.

WHY DO WE WALK WHEN WE GET TO SCHOOL? RESEARCH SHOWS THAT STUDENTS THAT EXPERIENCE STRESS RIGHT BEFORE ENTERING THE CLASSROOM, AREN'T ABLE TO LEARN AS EASILY AS A STUDENT WHO HASN'T EXPERIENCED STRESS. THEREFORE, AT THE RANCH, WE HAVE IMPLEMENTED WALKING BEFORE SCHOOL. THIS MAKES IT SO STUDENTS AREN'T SAD THEY DIDN'T GET TO PLAY WITH A BALL OR ANGRY AT HOW THE GAME THEY WERE PLAYING WENT. STUDENTS GET TO WARM UP THEIR BODIES AND BRAINS WHILE WALKING WITH FRIENDS.

Recommendations for Outdoor Physical Activity during Smoky Conditions

This guide is intended to help you make decisions on outdoor activities when it's smoky outside.
Group information is listed below.

Length of Outdoor Physical Activity	Good for Groups (1 – 3)	Moderate for Group 1 Individuals	Unhealthy for Group 1 & 2 Individuals	Unhealthy for Group 1 - 3 Individuals	Very Unhealthy for Group 1 - 3 Individuals	Hazardous for Group 1 – 3 Individuals
	Visibility ≥ 11 miles	Visibility 6 - 10 miles	Visibility 3 – 5 miles	Visibility 1.5 – 2.75 miles	Visibility 1 – 1.25 miles	Visibility < 1 mile
30 Minutes	No Restrictions	Group 1 Individuals should monitor or reduce physical activity.	Groups 1 & 2 should limit time spent outdoors or reduce physical activity.	Groups 1 & 2 should avoid the outdoors and Group 3 should reduce physical activity.		
1 Hour	No Restrictions	Group 1 Individuals should monitor or reduce physical activity.	Groups 1 & 2 should considerably limit time spent outdoors and reduce physical activity.	All Groups should avoid the outdoors and physical activity.	All Groups should avoid the outdoors and physical activity.	All Groups should avoid the outdoors and physical activity.
2 Hours or More	No Restrictions	Group 1 Individuals should limit prolonged physical activity.	Groups 1 & 2 should avoid the outdoors and Group 3 should reduce physical activity.			

WHICH GROUP ARE YOU IN?		
Group 1 Individuals	Group 2 Individuals	Group 3 Individuals
This group includes those with respiratory or heart disease, angina, pulmonary disease, asthma, emphysema or any other disease that may be impacted by any level of smoke.	This group includes those with asthma, or recent respiratory infections, those who experience seasonal allergies, work outside, or in general are more sensitive to the acute effects of smoke.	This group includes those who are more resistant to the short term effects of smoke. Healthy people may also experience adverse effects of smoke depending on duration and exposure.

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WEATHER: WHEN THE WEATHER IS HOT WE, AS A DISTRICT, LOOK TO AIR QUALITY MORE THAN TEMPERATURE TO HELP US DETERMINE IF STUDENTS SHOULD BE OUTSIDE. WHEN THE AIR QUALITY IS ORANGE, STUDENTS CAN STILL BE OUTSIDE, BUT ARE ASKED TO TAKE IT EASY. IF IT GOES TO RED, WE HAVE INSIDE RECESS. WE SOMETIMES GO INSIDE FOR EXTREME TEMPERATURES, BUT WE LOOK TO AIR QUALITY FIRST.

MEMO FROM MUSIC: THIS YEAR WE HAVE TWO MUSIC TEACHERS, Ms. PO AND MISS TOMICICH. WE ARE EXCITED TO BRING MUSIC INTO ALL THE KINDERGARTEN THROUGH 5TH GRADE CLASSROOMS! MS. PO WILL CONTINUE TO DIRECT THE 3RD–5TH GRADE CHOIR, WHICH MEETS BEFORE SCHOOL ON WEDNESDAYS AND THURSDAYS FROM 8:00–8:45AM. IF YOU WOULD LIKE TO REGISTER YOUR CHILD FOR CHOIR, PLEASE VISIT <https://bit.ly/2H5szZk> TO SIGN UP ONLINE. WE LOOK FORWARD TO A YEAR FULL OF MUSICAL FUN!

LIBRARY CORNER:

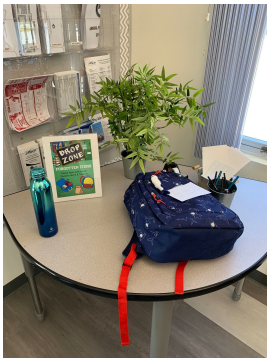
MRS. A IS WORKING 'BEHIND THE SCENES' TO GET ALL OF OUR TEACHERS AND STUDENTS THEIR CURRICULUM FOR THIS NEW SCHOOL YEAR. SHE CAN'T WAIT TO HAVE OUR STUDENTS IN THE LIBRARY READING AND CHECKING OUT BOOKS!



AS ALWAYS, WE ENCOURAGE ALL STUDENTS TO CHECK OUT AND TAKE HOME BOOKS FROM OUR LIBRARY BUT WE DO ASK FOR YOUR COOPERATION IN SEEING THAT YOUR CHILD TAKES CARE OF THESE BOOKS AND RETURN THEM BY THE DUE DATE. ROSEVILLE CITY SCHOOL DISTRICT POLICY #6004 STATES "STUDENTS WILL BE REQUIRED TO PAY FOR LOST OR DAMAGED MATERIALS." WE ARE LOOKING FORWARD TO THE CONTINUED GROWTH OF OUR LIBRARY COLLECTION. WE OPENED OUR LIBRARY WITH JUST 1,000 BOOKS AND 3 YEARS IN, WE ARE STARTING WITH 4,000 BOOKS! HOW MANY BOOKS WILL WE ADD TO THE LIBRARY THIS YEAR? WE NEED ALL OF YOUR HELP AND SUPPORT!!

"A BOOK IS A DREAM THAT YOU HOLD IN YOUR HANDS"

-MRS. A



PARENT DROP OFF ZONE: IF YOUR CHILD FORGOT SOMETHING, PLEASE BRING IT IN TO OUR DROP OFF ZONE IN THE OFFICE. STUDENTS ARE BEING TRAINED TO CHECK HERE DURING RECESS OR LUNCH FOR LUNCH ITEMS AND OTHER ITEMS. WE'VE FOUND THIS WILL BE MORE EFFECTIVE FOR OUR KIDS. THANK YOU.

FACEBOOK & TWITTER: WE TRY TO SHARE A SNAPSHOT OF WHAT'S GOING ON WITH OUR FAMILIES ON SOCIAL MEDIA. IT'S OUR WAY TO BRING YOU INSIDE OUR CLASSROOMS AS YOU GO ABOUT THE MANY THINGS YOU DO IN A DAY. PLEASE FOLLOW US ON FACEBOOK/TWITTER FOR UPDATES AND INFORMATION.



Bronco Physical Education 1st-5th Grades

Dear Orchard Ranch Parents,

We are looking forward to providing your child with an exciting and rewarding physical education program. PE classes are an integral part of physical and social development. We take pride in our program and are committed to giving the students the best instruction possible.

The goal of the physical education program at Orchard Ranch Elementary School is to develop and improve students' personal fitness and motor skills by providing developmentally appropriate activities through purposeful, creative and enjoyable instruction. Your child's locomotor movement, manipulative skills, fitness level, personal responsibility and social development will be monitored and assessed throughout the school year. Our curriculum is based on the California Content Standards for Physical Education. Assessments are divided into two categories: movement skills/knowledge of concepts, and self-responsibility/group interaction. The Curriculum Maps are viewable on the school website.

Participation: Every child is expected to participate to the best of their ability each day they attend class. If your child needs to be excused from any PE activities, send a written note to school. Please be specific as to what your child can and cannot do so modifications can be made appropriately and safely. If the condition restricts activity for more than a week, a doctor's note will be needed.

Dress: We are concerned about your child's safety and for that reason, we ask **athletic or running type shoes** be worn to PE. High heels, boots and sandals make it difficult for children to participate safely and also hinder skill development. Shorts must be worn under skirts or dresses. Water bottles and sun protection are encouraged, as well as dressing in layers in the colder months.

Behavior: The school-wide PBIS plan is followed. Students are expected to be:

- SAFE - Be in **Control** of body and equipment. **Look** before and while doing activities.
- RESPONSIBLE - **Listen Quietly** and **Follow Directions**. Use equipment **properly**.
- RESPECTFUL -Be a **Good Sport** and use **Kind** words and actions
- DO YOUR BEST - Give your **Best Effort** in all class activities

Your student has 2 days of Physical Education weekly. The classroom teacher will let you know your PE days and who your PE teacher is. Please help your child remember to wear appropriate shoes and attire.

If your child has any ongoing health concerns or restrictions that we need to be aware of, please send a detailed note with instructions for their class participation limitations. You may also email us if you have any comments, questions or concerns.

Your Physical Education Teachers,

Cheryl Gladwill - cgladwill@rcsdk8.org

Chris Sessano - csessano@rcsdk8.org

Desmond Hansen - dhansen@rcsdk8.org